



**INTERNATIONAL HOT ROD ASSOCIATION**  
 P.O. Box 386  
 House Springs, MO 63051  
 Phone: 85.JOIN.IHRA (855.646.4472) | Email: info@ihra.com

## MEDICAL PHYSICAL FORM

(NOTE – PHYSICALS ARE GOOD FOR 2 YEARS FROM THE DATE OF THE PHYSICIANS SIGNATURE)

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### MEDICAL HISTORY

HAVE YOU EVER HAD ANY OF THE FOLLOWING: (For each “yes” checked describe conditions in remarks)

| Y | N | CONDITION                         | Y | N | CONDITION                         | Y | N | CONDITION                          | Y | N | CONDITION                         |
|---|---|-----------------------------------|---|---|-----------------------------------|---|---|------------------------------------|---|---|-----------------------------------|
|   |   | a. frequent or severe headaches   |   |   | g. heart trouble                  |   |   | m. nervous trouble of any sort     |   |   | s. medical rejection from service |
|   |   | b. dizziness or fainting spells   |   |   | h. high or low blood pressure     |   |   | n. any drug or narcotic habit      |   |   | t. admission to hospital          |
|   |   | c. unconsciousness for any reason |   |   | i. stomach trouble                |   |   | o. excessive drinking habit        |   |   | u. rejection for life insurance   |
|   |   | d. eye trouble except glasses     |   |   | j. kidney stone or blood in urine |   |   | p. attempted suicide               |   |   | v. record of traffic convictions  |
|   |   | e. hay fever                      |   |   | k. sugar or albumin in urine      |   |   | q. motion sickness requiring drugs |   |   | w. record of other convictions    |
|   |   | f. asthma                         |   |   | l. epilepsy or fits               |   |   | r. military medical discharge      |   |   | x. other illnesses                |

**REMARKS:** (if no changes since last report, so state) \_\_\_\_\_

### MEDICAL TREATMENT WITHIN THE PAST FIVE YEARS

| Date | Name of Physician Consulted | Reason |
|------|-----------------------------|--------|
|      |                             |        |
|      |                             |        |
|      |                             |        |

\_\_\_\_\_  
SIGNATURE OF APPLICANT

\_\_\_\_\_  
DATE

**APPLICANTS' DECLARATION:** *I hereby certify that all statements and answers provided by me in this examination form are complete and true to the best of my knowledge. I agree that they are to be considered part of the basis for insurance of any IHRA certificate to me.*

### REPORT OF MEDICAL EXAMINATION

| NORMAL | ABNORMAL | CHECK EACH ITEM IN THE APPROPRIATE BOX                             |  |  |  |
|--------|----------|--|--|--|--|
|        |          | 1. Head, face, neck, and scalp                                     |  |  |  |
|        |          | 2. Nose  |  |  |  |
|        |          | 3. Sinuses   |  |  |  |
|        |          | 4. Mouth and throat  |  |  |  |
|        |          | 5. Ears, general (internal and external canals)                    |  |  |  |
|        |          | 6. Ear Drums (perforation)   |  |  |  |
|        |          | 7. Eyes, general (visual activity under items 50 & 51)             |  |  |  |
|        |          | 8. Ophthalmoscopic   |  |  |  |
|        |          | 9. Pupils (equality and reaction)                                  |  |  |  |
|        |          | 10. Ocular mobility (associated parallel movement, nystagmus)      |  |  |  |
|        |          | 11. Lungs and chest (including breasts)                            |  |  |  |
|        |          | 12. Heart (thrust, size, rhythm, sounds)                           |  |  |  |
|        |          | 13. Vascular system  |  |  |  |
|        |          | 14. Abdomen and viscera (including hernia)                         |  |  |  |
|        |          | 15. Endocrine system   |  |  |  |
|        |          | 16. G-U system   |  |  |  |
|        |          | 17. Upper and lower extremities ( strength, range of motion)       |  |  |  |
|        |          | 18. Spine other musculoskeletal                                    |  |  |  |
|        |          | 19. Skin and Lymphatic   |  |  |  |
|        |          | 20. Neuralgic (tendon reflexes, equilibrium, senses, coordination) |  |  |  |
|        |          | 21. Psychiatric (specify any personality deviation)                |  |  |  |
|        |          | 22. General Systemic   |  |  |  |

**NOTES:** Describe every abnormality in detail, enter applicable item number before each comment. Use additional sheets if necessary and attach to this form.

| Corrective lens required while driving   |                              | FIELD OF VISION                   | DISTANT VISION |     | NEAR VISION |
|--|------------------------------|-----------------------------------|----------------|-----|-------------|
| <input type="checkbox"/> NO * if previously "yes", please include an explanation of the change | <input type="checkbox"/> YES | <input type="checkbox"/> Normal   | Right eye      | 20/ | 20/         |
|  |                              | <input type="checkbox"/> Abnormal | Left eye       | 20/ | 20/         |
|  |                              |                                   | Both eyes      | 20/ | 20/         |

| FIELD OF VISION |          | BLOOD SUGAR TEST<br>(both fasting and 2 hour post prandial, required only if sugar is found in urine No S.I. Units) |             |        |          |
|-----------------|----------|---|-------------|--------|----------|
| RIGHT EYE       | LEFT EYE | FASTING   | 2-HOUR P.P. | HgA 1C | COMMENTS |

| BLOOD PRESSURE       |          |           | PULSE (Wrist) |                |                          |
|----------------------|----------|-----------|---------------|----------------|--------------------------|
| Recumbent MM Mercury | Systolic | Diastolic | Resting       | After Exercise | 2 minutes after exercise |

| URINALYSIS |       | OTHER TESTS |
|------------|-------|-------------|
| Albumen    | Sugar |             |

**DISQUALIFYING DEFECTS/LIMITATIONS:**

**COMMENTS ON HISTORY AND FINDINGS:**

|   |  |
|---|--|
| APPLICANTS NAME:<br><br>PHYSICALLY ACCEPTABLE | FURTHER EVALUATION REQUIRED (EXPLAIN): |
|---|--|

**MEDICAL EXAMINER'S DECLARATION:** I hereby certify that I personally examined the applicant named on this medical examination report, and that this report and any attachment embodies my findings completely and correctly.

|                  |                                     |                              |
|------------------|-------------------------------------|------------------------------|
| EXAMINATION DATE | MEDICAL EXAMINER'S NAME AND ADDRESS | MEDICAL EXAMINER'S SIGNATURE |
|------------------|-------------------------------------|------------------------------|